

Contraception which I would prefer is to the male body because the feminization of the contraceptives are glorified more. The advertisement and family planning strategy of the government are encouraging it. There is a visible unequal division in the case of fertility work. In heterosexual relationships the responsibility lies to prevent the pregnancy in the shoulders of women. In India Doctors still are ignoring to talk about the methods that are male body-based (i.e. condoms, withdrawal, and vasectomy) and, as such, may disrupt the feminization of responsibility for contraception. The distribution of the mental and emotional responsibilities of preventing pregnancy is both a result of and contributor to gender inequality. All the IUDS hormonal or non hormonal, contraception pills do not protect against sexually transmitted diseases. The most favourable contraceptive should be condom(External condom, or internal condom for vagina) as it prevents sexually transmitted diseases and the rate of pregnancy. Using condoms before sex will reduce the rate of getting STI's including HIV these are really inexpensive and easy to get. The Rate of unsuccessful cases after using condoms are very less and some time it is due to the less knowledge to how to use the condoms. The side effects of the condoms are also very less.