

The quiz was very thorough since it took in lifestyle and medical conditions. What the quiz suggested is exactly what my OBGYN suggests and I feel it is accurate to a large extent. However, neither under lifestyle nor medical conditions was polycystic ovary syndrome listed. As per the results of a large scale survey conducted across India in 2020, about 16 percent of women respondents between the ages of 20 and 29 years suffered from polycystic ovary syndrome. I think this will also alter the type of contraceptive the person can choose since most individuals with PCOS are already take OCPs.